

Spring Open House

at The Athletic Club

To benefit St. Jude Children's Research Hospital

May 20th, 8:30 am-12 pm

Come out to see what The Athletic Club has to offer
and support a great cause!

Demo Classes!

Class Schedule:

8:30-9am Butts & Guts

9-9:30am Hess Academy

9-9:30am Water Aerobics

9:30-10am Aqua Zumba

9:15-9:45am Bodyblast

9:30-10am Hess Academy

10-10:30am Zumba

10:45-11:15am Kickboxing

11-11:30am Barre

11:30am-12pm Pilates

Membership Specials!

Raffles!

Giveaways

PT Discounts

Vendors!

Massages!

**Please make a donation to St Jude's to try a class



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